



Course Information

Human Growth and Development through the Lifespan

NR.110. 201 (3.0 Credits)

Description

This course provides an overview of major concepts, theories, and research related to human development through the lifespan from the prenatal period to the end of life. Significant factors that influence individual functioning are explored. For textbook information: <http://nursing.jhu.edu/academics/programs/prerequisites/prerequisite-textbooks>

Department: NR PP

College: School of Nursing

Expanded Course Description:

No Response

Course Learning Objectives

Course Learning Outcomes (CLOs):

CLO1 Analyze theoretical and conceptual frameworks and research findings related to human development through the lifespan.

CLO2 Apply theoretical models and research findings of human development and functioning to health and illness behaviors through the lifespan and within a variety of biological, environmental, social and cultural contexts.

Required Text and Other Materials

Required Textbooks and Course Materials:

Martorell, G. (2019). *Life: The Essentials of Human Development*. New York, NY. McGraw-Hill Education.

Summary of Learning Assessments/Assignments

Assessment Summary:

LEARNING ASSESSMENT/ ASSIGNMENT	COURSE OBJECTIVES ADDRESSED	WEIGHT TOWARD FINAL COURSE GRADE	DUE DATE
Module Quizzes, 10 quizzes total (10 points each)	1,2	20%	Weekly, see course schedule
Weekly discussion board, 10 total (10 points each)	1,2	20%	Weekly, see course schedule
Midterm exam	1,2	20%	Module 5
Advanced Directives Interview	1,2	20%	Module 10
Final exam	1,2	20%	Module 10

Learning Assessments/Assignments

Learning Assessments/Assignments:

Lectures and Readings

Most modules will include recommended reading from the required text and associated

lectures. It is expected that students will read the material and listen to the lectures as to

best facilitate their successful completion of course assignments.

Canvas Posts

Students are required to contribute to weekly discussion board topics. Post a thoughtful

and complete response and reply to at least two classmates' posts by the assigned deadline to receive full credit. All initial posts are due by 11:59pm Thursday unless otherwise noted. Responses to classmates are due by 11:59pm the following Monday. Suggested length is 1-2 paragraphs. High quality posts will contribute substantive content, illustrate a strong understanding of course material, reflect professionalism, and be free of grammatical errors. Please cite sources using APA guidelines and include links as appropriate.

Quizzes

Weekly quizzes will test student understanding of course content. Quizzes can be attempted one time and students are encouraged to consult course materials as needed

to complete the quiz. These quizzes are not timed tests, but please understand that if

you walk away from your quiz while taking it, depending on your computer and the length of time, you may be automatically logged out of Canvas.

Exams

Comprehensive exams consisting of multiple-choice questions will be given to assess

student understanding of course content. They are open book, open notes and timed.

Only one attempt is allowed for each exam. There are no makeup exams.

Written Assignments

Written assignments should be composed in complete sentences and include proper

grammar, spelling, and punctuation. Files can be submitted in .doc and .pdf formats. All

work submitted should include references for any resources consulted. Please cite work

in formats consistent with the American Psychological Association. Guidelines for work

can be found at: www.apastyle.org.

Evaluation and Grading

Grading Scale:

RANGE	LETTER GRADE	GRADE POINT
97-100	A+	4.0
93-96	A	4.0
90-92	A-	3.7
87-89	B+	3.3
83-86	B	3.0
80-82	B-	2.7
77-79	C+	2.3
73-76	C	2.0
70-72	C-	1.7
67-69	D+	1.3
63-66	D	1.0
60-62	D-	0.7
<60	F	0

Course Schedule

Course Schedule:

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
<p>Welcome Start Here Prior to <i>May 24</i></p>	<ul style="list-style-type: none"> · Getting started 	<p>Familiarize yourself with Canvas</p>	<p>Discussion Board: Introduce yourself</p> <p>Avoiding Plagiarism Module</p>
<p>Module 1: Introduction to Human Development: Theoretical Overview</p>	<ul style="list-style-type: none"> · History, theory and research strategies · Genetic and environmental foundations 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 1: The Study of Human Development · Chapter 2: Theory and Research <p>Review the lecture materials posted in the module for this week</p>	<p>Module 1 Discussion Board</p> <p>Module 1 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
<p>Module 2: Prenatal Development, Birth and Physical Development during the First Three Years</p>	<ul style="list-style-type: none"> · Prenatal development · Birth · Physical development during the first three years 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 3: Forming a New Life · Chapter 4: Birth and Physical Development during the First Three Years <p>Review the lecture materials posted in the module for this week</p>	<p>Module 2 Discussion Board</p> <p>Module 2 Quiz</p>
<p>Module 3: Cognitive and Psychosocial Development in the First Three Years</p>	<ul style="list-style-type: none"> · Cognitive development during the first three years · Psychosocial development during the first three years 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 5: Cognitive Development during the First Three Years · Chapter 6: Psychosocial Development during the First Three Years <p>Review the lecture materials posted in the module for this week</p>	<p>Module 3 Discussion Board</p> <p>Module 3 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
Module 4: Early Childhood	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 7: Physical and Cognitive Development in Early Childhood · Chapter 8: Psychosocial Development in Early Childhood <p>Review the lecture materials posted in the module for this week</p>	<p>Module 4 Discussion Board</p> <p>Module 4 Quiz</p>
Module 5: Middle Childhood	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 9: Physical and Cognitive Development in Middle Childhood · Chapter 10: Psychosocial Development in Middle Childhood <p>Review the lecture materials posted in the module for this week</p>	<p>Module 5 Discussion Board</p> <p>Module 5 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
Exam 1		Review of content in Modules 1-5	
Module 6: Adolescence	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 11: Physical and Cognitive Development in Adolescence · Chapter 12: Psychosocial Development in Adolescence <p>Review the lecture materials posted in the module for this week</p>	<p>Module 6 Discussion Board</p> <p>Module 6 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
<p>Module 7: Emerging and Young Adulthood</p>	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 13: Physical and Cognitive Development in Emerging and Young Adulthood · Chapter 14: Psychosocial Development in Emerging and Young Adulthood <p>Review the lecture materials posted in the module for this week</p>	<p>Module 7 Discussion Board</p> <p>Module 7 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
Module 8: Middle Adulthood	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 15: Physical and Cognitive Development in Middle Adulthood · Chapter 16: Psychosocial Development in Middle Adulthood <p>Review the lecture materials posted in the module for this week</p>	<p>Module 8 Discussion Board</p> <p>Module 8 Quiz</p>
Module 9: Late Adulthood	<ul style="list-style-type: none"> · Physical development · Cognitive development · Psychosocial development 	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <ul style="list-style-type: none"> · Chapter 17: Physical and Cognitive Development in Late Adulthood · Chapter 18: Psychosocial Development in Late Adulthood <p>Review the lecture materials posted in the module for this week</p>	<p>Module 9 Discussion Board</p> <p>Module 9 Quiz</p>

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
Module 10: The End of Life	· Death and bereavement	<p>Martorell, G. (2019). <i>Life: The Essentials of Human Development</i>. New York, NY. McGraw-Hill Education.</p> <p>· Chapter 19: Dealing with Death and Bereavement</p> <p>Review the lecture materials posted in the module for this week</p>	<p>Module 10 Discussion Board</p> <p>Module 10 Quiz</p> <p>Advanced Directives Interview</p>
Exam 2		Review of content in Modules 6-10	